ANNOUNCEMENIS

MANILA APRIL CALENDAR

SABBATH SERVICES - eve-Saturday, 1:00 P.M. GSP Auditorium, Padre Faura, Manila.

(Continued on page 12)

VOL. II, NO. 4

MANILA, PHILIPPINES

April 1975

NEW PT FORMAT BARRI yours truly visited the

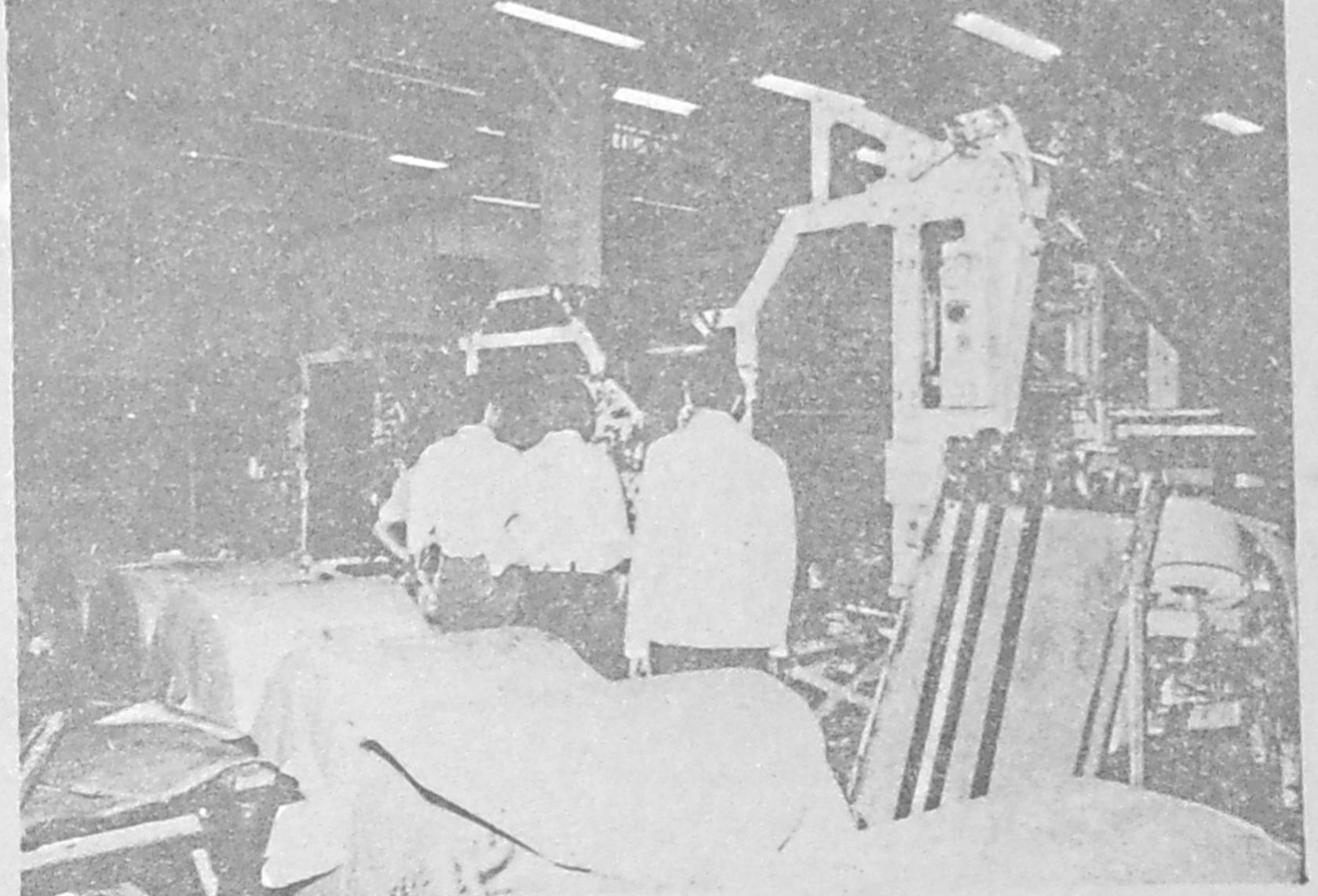
by Jeremiah Ortiguero

After several months of planning, expectation and anticipation, the printing of the new PT format here in the Philippines has been crystalized. With the presence of the Managing Editor of the PT, Mr. Art Ferdig and his worldwide Publishing Coordinator, Mr. Roger Lippross, possible problems many that may arise in printing the PT here have been answered and clarified. fact the printing of the PT in Manila gives us many challenging opportunities for growth in the Philippine Work.

Messrs. Ferdig, Lippross, Adair, Mirto and

printing plant of the Pilipino Star Publishing former pub-Company (the defunct lisher of the Daily Star newspaper) 10cated at the Port Area, Manila. This visit made by our visitors and our Manila executives helped them see first hand the printing capabilities of the Pilipino Star in printing our PT. Of all printing companies we have checked around, the Pilipino Star proved to be the

(Please turn to page 3)



Our visitors and Mr. Adair are shown here inspecting the press that will print our Philippine edition of the new PT. Notice the rolls of newsprint paper at foreground. It takes 12 rolls of this paper to produce 75,000 copies of the PT. Each roll weighs about only one that could give 380 kilos and has a diameter of 32 inches and a width of 30 inches.

Second PT Lecture Held in Baguio

"Don't say that you have not been warned ... " Mr. Adair seems to be saying in this photo taken during the Baguio PT Lecture. (All photos taken by J. Ortiguero)

BAGUIO CITY -- The second PT Bible Lecture took place as scheduled at the Baguio Colleges Foundation Theater last March 1 and 2, in spite of many setbacks like the week-long referendum vacation, the final exam preparations and othclosing er school-year activities.

For the first day Mr. Colin Adair spoke to 141 who attended of which 72 were non-members. The second day 99 cames, 65 were non-members. But some 38 prospectives signed up to attend the regular Baguio Church Bible Study (not just follow-ups).

Mr. Pike Mirto, Executive Assistant to the Regional Director, was glad that though only few showed up, still the response percentage in Baguio was well within the target of 25 to 30 prospectives. (According to Mr. P. S. Ortiguero Dagupan had a final attendance of 22 interested prospectives. They were invited to the regular monthly Bible Study in the area).

The lack of quantity was more than made up for by the quality of the people who attended. It was very obvious that those who came were the ones who were really wanting to learn about the "End Time" and the coming "World Tomorrow." (N.A.)

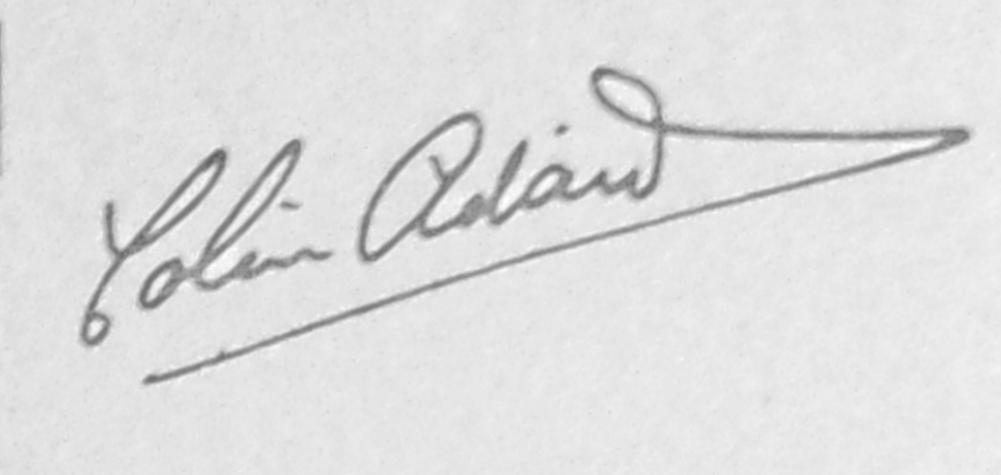
(More pictures on page 4)

Two visitors from Headquarters flew in recently for a quick two-day visit. Mr. Art Ferdig, Managing Editor of the Plain Truth and Mr. Roger Lippross, Publishing Co-ordinator of the Plain Truth, have been visiting the international offices and conducting a fact-finding tour of parts of Asia. The purpose of the trip was to gather information and to help the foreign offices prepare for the printing of the Plain Truth in their respective areas. Jeremiah Ortiguero has written an article describing their activities here in Manila, so I won't duplicate that information in this column.

Our visitors arrived from Saigon Tuesday, March 11. Mr. Mirto and I were at the airport to meet them and to welcome them on their first visit to the Philippines. They expressed they were not sorry to leave Saigon behind be hearing some news about nities for our own adver-Vietnam in a later P.T. tisements and lecture pro-

drove them around Manila Vista Lodge was breath- time. for a while so they could taking. As they were The film for P.T. num-

Personal trom





"PEACE BE UNTO YOU," Andrew seems to be saying to Mr. Arthur Ferdig as the latter shakes his hand. Mr. Arthur Ferdig as the latter shakes his hand Mr. Roger Lippross is seen behind Mr. Ferdig. Photo was taken during the Barrio Fiesta held in honor of the visitors from Headquarters.

with all its problems and Truth and what we could do

One of the possibilitraumas. We will perhaps locally with it. Opportu- ties discussed with Mr. Ferdig and Mr. Lippross was a religious supplement article. motional material were for P.T. readers interest-The tourist boom was ev studied into. ed in more spiritual matident when we found great Next day talks contin- ters. Right now we can't difficulty in booking our ued on the technicalities afford to expand our Good guests into an hotel. We of printing the P.T. and News circulation because tried most places with neg a visit was made to the of cost, but we could posative results, but final- printers (see article). sibly print a supplement ly managed to find two That night we hosted a to be inserted in each rooms at the Tower Hotel barrio fiesta for them at month's P.T. This way we in A. Mabini St. Although our home which they en- could really expand our this is not the best hotel joyed very much. coverage of doctrinal main town by a long way, it In order to let them terial. The articles conwas at least convenient to see what the Philippines tained in the supplement the office and both Mr. looked like outside Manila, would be taken direct from Ferdig and Mr. Lippross my wife and I plus Andrew past issues of the Good expressed that it was lux- took them for a drive to News. This new idea will ury compared with their Tagaytay Thursday morning, be thoroughly investigated hotel in Saigon! It was a beautiful day and and if practical we may go After freshening up we the view from the Taal ahead in a few months'

see some of the sights. leaving that afternoon for ber four, which will be They stated that they Hong Kong we couldn't stay the Philippine April edifound Manila a vivid con- long but had to head back tion, arrived from Pasadetrast to Saigon and com- after light refreshments. na on Monday, March 17. mented on the cleanness of We dropped them at the Ma- We should have it printed the city.

nila International Airport and on the way to the sub-At dinner that evening at 3:00 p.m. in time for scribers by the time you we discussed many facets them to check in for the read this column.

of the new format Plain PAL flight. (Please turn to next page)

- CONTACT -

(Circulation: 1,100)

CONTACT is the newspaper for the Northeast Asia region of the World wide Church of God with regional headquarters at Manila, Philippines and world headquarters at Pasadena, California.

It is published monthly by Ambassador College Agency and the Worldwide Church of God at Manila. Phil. for the membership of the Church and also for others who sincerely want to get in | contact with the Church.

While it is being sent ! out free, donations are ! most welcome.

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PERSONAL .. contd

Baguio P.T. Lecture

Mr. Pedro Ortiguero reports that a disappointing number of four people turned up for the followup study in Baguio the first week. I parsonally believe the inaccessibility are just finally getting of Baguio itself was a rid of the colds we caught factor in this poor show- in Dagupan City and hope ing. Perhaps the second that we can get back to place in San Fernando, La haps I should say I Union, instead of Baguio. get back to swimming, as However, it is too soon Andrew hasn't reached that yet to say that the Baguio stage yet! Not having the not interested in the a loss, but I have tried wait and see what happens office to keep fit. By later.

Pampanga Lecture

brochure for the upcoming exercise becomes more imcampaign on April 6 in San portant! Do you have an Fernando, Pampanga. This exercising schedule? If is now just one sheet not, you are missing

Mr. Antonio Roces (2nd from right), President and General Manager of Pilipino Star Publishing Company explains their company's printing capabilities to Messrs. Adair, Lippross, Ferdig and Mirto. (1 to r).

There is no word yet on the ministerial conference in Pasadena. We still expect it to be held in late May, but it may not be as big as last year. Perhaps only Regional Directors will be brought in this time.

It seems the hot season has arrived! Andrew and I lecture would have taken swimming next week. Perand district people are daily swimming exercise is truth. We will have to to do some push-ups in the the time you read this I will have passed another We have changed the go by the need to keep up NEW PT FORMAT birthday, so as the years afternoon. every Christian.



Have you ever seen fighting cocks dance to a tune during a fight? Photo shows Athos Parane (puti) and Eriz Dizon (pula) about to take a tango step during their "cockfight" last Barrio Fiesta at Adairs'.

...cont'd

one us good service and accept the newspaper here to any which is inserted in a of the laws of staying able results and minimal point in Southeast Asia, sample copy of the P.T. healthy. Even walking is cost. Most printing com- than Australia or Singa-The San Fernando lecture better than no exercise at panies, though fully pore. Right now the Philwill be the first one to all. Perhaps the push-ups equipped with big presses ippine Office processes be conducted in one day, for some should be the capable of producing news- and receives lit. mail with a meeting in the morn- push-aways from the paper-type publications, from various SEA countries ing and afternoon. I hope heavily-laden rice plates. could not print the new PT in addition to the bulk I can get enough rest in Feeling fit helps you be- format because of one of lit mail sent to us by Mr. the break to enable me to come a more effective per- its unique features -- Guy Ames, the Regional Dispeak effectively in the son, surely a must for quarter fold. Their ma- rector of the SEA Work. chines could only half- Mr. Ames, as you fold just like the first could not be granted a issues of the Daily Ex- work visa to operate full press. But the Pilipino time in Singapore. Star happened to have a Another good thing the Community Goss (very simi- printing of the PT offers lar to the Commercial Goss our printer Krueger in Pasadena uses in printing plement to the PT each the US editions) capable month or as often as necesof quarter-folding the new sary reprinted direct from PT. Quarter-folding is a Good News articles. This must to the new PT. The would bridge the gap quarter-folding of the created by the absence of 75,000 PT by hand as it religious articles in the comes off the press would new PT for the regulars to mean delays in getting the learn the teachings and newspaper off to our sub- doctrines of the Worldwide

> Personal Column of Mr. Adair in the Feb. 1975 is-Philippines will also un

mailing of the Southeast Asian PT. The Philippines was chosen to print the SEA PT because it is a lot cheaper to print and mail know,

is the possibility of printing a religious supscribers. Church of God. The new PT As you have read in the is not carrying purely religious articles but will gradually contain more sue of the Contact, the hard hitting religious write-ups in the near fudertake the printing and (Please turn to next page)

NEW PT FORMAT closer to the church and ...cont'd

ture. In the meantime Correspondence Course. the GN and the CC. However, as people draw

as the income allows, we can add them to the classy and glossy Good News and

here in the Philippines, If all goes as schedwith the Church Develop- uled, we will be printing ment Program intensified our first issue (April) through the PT Bible Lec- before of during the Days tures conducted by Mr. of Unleavened Bread and Adair, direct-mail approach, mail to our subscribers etc. this additional aven- about the first week of ue of reaching more April. This would be a people and exposing them 100% improvement in the to the teachings of the delivery -- subscribers Worldwide Church of God will receive their copies could prove very profita- right in the issue month. ble at a very low cost. But the subscribers in It is a lot cheaper to farther provinces in the print a religious supple- Philippines and in Southment to the PT than esca- east Asia will, of course, late the circulation of receive their copies later in the month or in the following month.



Mr. Pacifico Mirto, Executive Assistant to the Regional Director gives the opening remark and introduce the guest speaker during the start of the Baguio PT Lecture.



MANILA

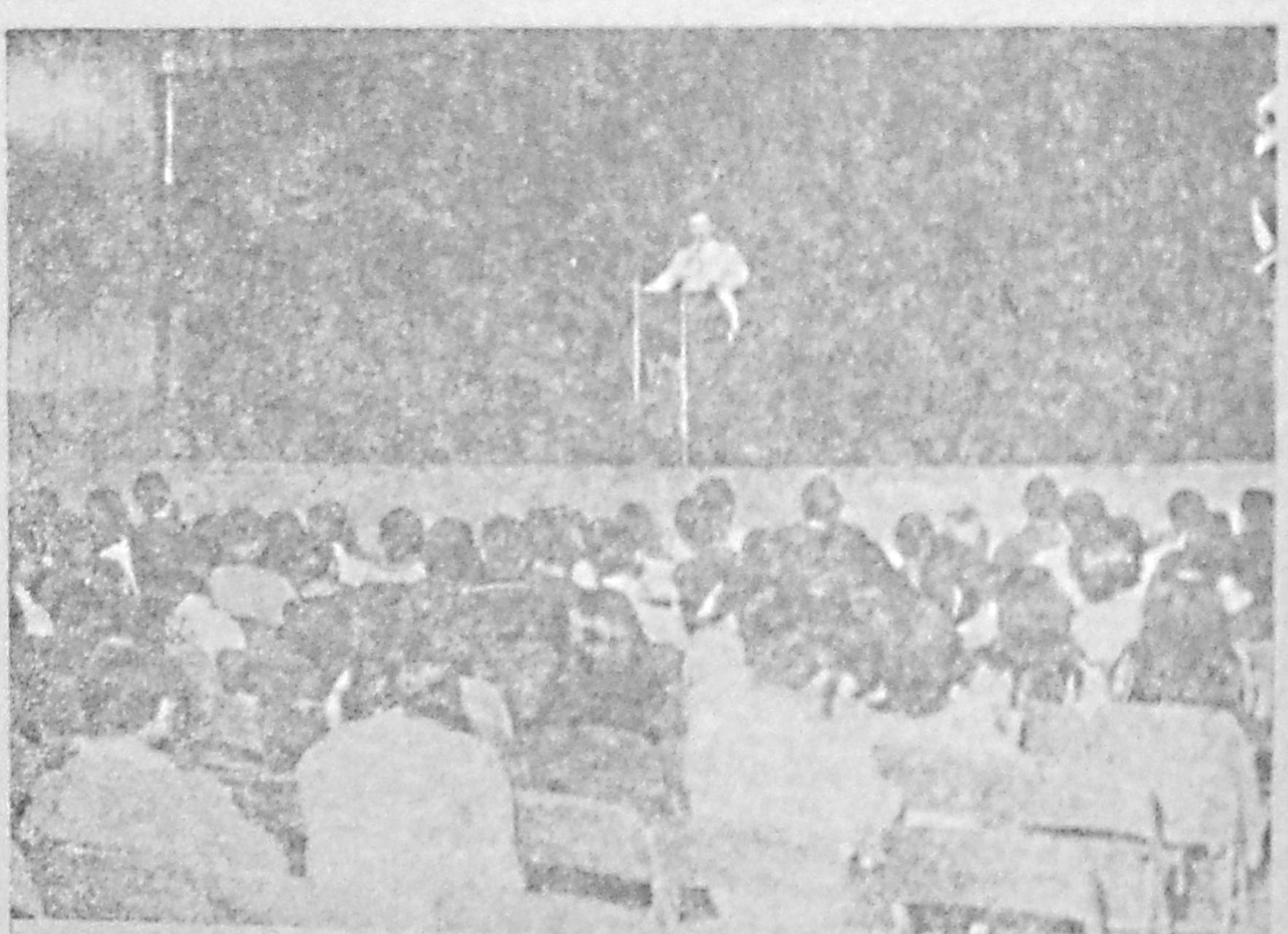
YAC A GET-TOGETHER AND WELCOME PARTY

welcomed February 23rd in delicious food prepared by a Get-Together Party held Girlie and her staff. The at Girlie Baguio's resi- laughable part came as dence in Quezon City. games were played. Twenty-four enthusiastic seen shy clowns? We've members gave life to the seen our first in the perparty graced by the pre- son of Arman Madrid and sence of Mr. and Mrs. Ed- Benjie de la Cruz. In mond Macaraeg. Without a addition to this, we were word to signal the start entertained by Willie Taof dancing, busy feet be- mayao in her modelling act gan to move about the She differs though from dance floor. Of special other models in one aspect interest to the majority -- the flash from a sneaky was the twelve-steps dance camera would cut short her with variations sometimes performance. with an addition of an A brief welcome message dance.

tired? Busy mouths of A. Medina)

course and what mouth New YAC-A members were wouldn't be busy with the Ever

extra step or a subtrac- was delivered by Joie hertion (hoping to make a self and the party ended short-cut in learning the with thoughts that it was just the beginning of What do you expect to greater fun awaiting every see when busy feet get member of the club. (Tole



A view of a portion of the audience with the speaker, Mr. Adair at the rostrum. Photo was taken during the first day of the Baguio PT Lecture which was held at the Baguio Colleges Foundation Auditorium.

PROVINCIAL NEWS

CA Speaks at UP Baguio

April 1975

asked about pre-marital sex which of course Mr. Adair did not endorse. "But Mr. Adair it is done by almost everybody!" The reply was "Yes, but just because everybody is doing it does not make it right." Then she fired another question: "What will I tell my daughters who accusingly tell me 'But Mommy, you eloped!'" Mr. Adair jokingly told the Dean, "Tell them not to follow your bad example." This answer of course evoked a lot of laughter. But after the verbal skirmish they referred to the speaker as Dr. Adair.

This was by far Mr. Adair's most applauded speech. After the lecture he had to stop the audience from clapping so long.

Again due to the 5-day va- the U.P. campus!" when studies which were held his attentive listeners

DAGUPAN SPECIAL BIBLE STUDIES ENCOURAGING

S. Ortiguero, Preaching and "Where is God's True Elder and minister in Church Today." In charge for northern Luzon has just successfully finished conducting the three phasized that the Gospel special Bible Studies here is NOT what most preachers as a follow-up to Mr. are preaching today. The After the PT Bible Lec- The University officials Colin Adair's PLAIN TRUTH Gospel is the news about ture, Mr. Adair spoke to were nodding in agreement Lectures held last Februa- God's Kingdom -- God's the students of the Uni- in almost all the points ry 8 and 9 at the PMS Hall, government that is soon

cation and final exam pre- they heard him speak on February 16, 23 and March the keys to identify the paration only 102 attended who invented marriage, why 2 all yielded encouraging true Church. including some of our lo- the need for the human fam- attendances from our PT There were always

DAGUPAN CITY--Mr. Pedro "What is the True Gospel?" subject about the true Gospel, Mr. Ortiguero emversity of the Philippines the guest speaker raised. Tondaligan, Bonuan Beach, coming to govern this at Baguio in its social They thanked Mr. Adair for this city. earth. As for his subject orientation activity. "bringing the Good News to The three Sunday Bible on the true Church he gave

cal members. ily, and of mankind's readers. The first which good number of questions On arrival Miss Alice greatest potential to be- was held at Vicar Hotel that were submitted after Apilado, social orienta- come part of the family of had 30 non-members and 19 every Study. Examples o tion head, ushered Mr. God later. members. The second some of the questions were Adair and party (which in- A little bit of theolo- brought in 31 non-members When does the Sabbath be cluded Mr. P.S.Ortiguero) gy made the lecture more with 16 members while the gin and end?; Do we hav to the Faculty Lounge exciting. After the af- third and last Bible study, the correct calendar?; Ar where refreshments were fair, Mrs. Lopez, Dean of which was held at the Da- ceremonial offerings stil served. Even before the Student Relations wished gupan YMCA (as was the sec necessary?; Is respecting lecture, the U.P. Adminis- with all her heart that ond) had 22 interested non- the flag a form of idolar trator Dean Sophie Catba- all the students were pre- members in attendance with ry?; Are you in favor o gan grilled the guest sent. She invited Mr. over a dozen members. embalming your loved one speaker "with hard ques- Adair to speak again next Mr. Ortiguero in these when they die?; How d tions," which Mr. Adair school-year on the same studies discussed the sub- you know that your religio handled wittingly. She subject. (N. Acebron) ject "Does God Exist?" is of God?; Where doe

Before the last Bibl Study ended, Mr. Ortiguer announced the schedule fo the succeeding regula monthly Bible Study fr this city. He also announ ed the booklets which the could pick up for free (their way out and which were immediately exhauster

A feeling of satisfac tion and appreciation for the lectures were express: by those in attendance. . fact, one young woman wi two children approached th writer and whispered, want to be baptized." (On: fre Bauzon)



Dean Sophie Catbagan of the University of the Philippines, Baguio, welcomes Mr. Adair and Party which included Mr. Pike Mirto and Mr. Pedro Ortiguero (not included in photo).

"First drink, man drinks wine;

Second drink, wine drinks wine;

Third drink, wine drinks man." - Japanese Prover

ILOILO CHURCH NEWS NEW MEETING HALL FOUND

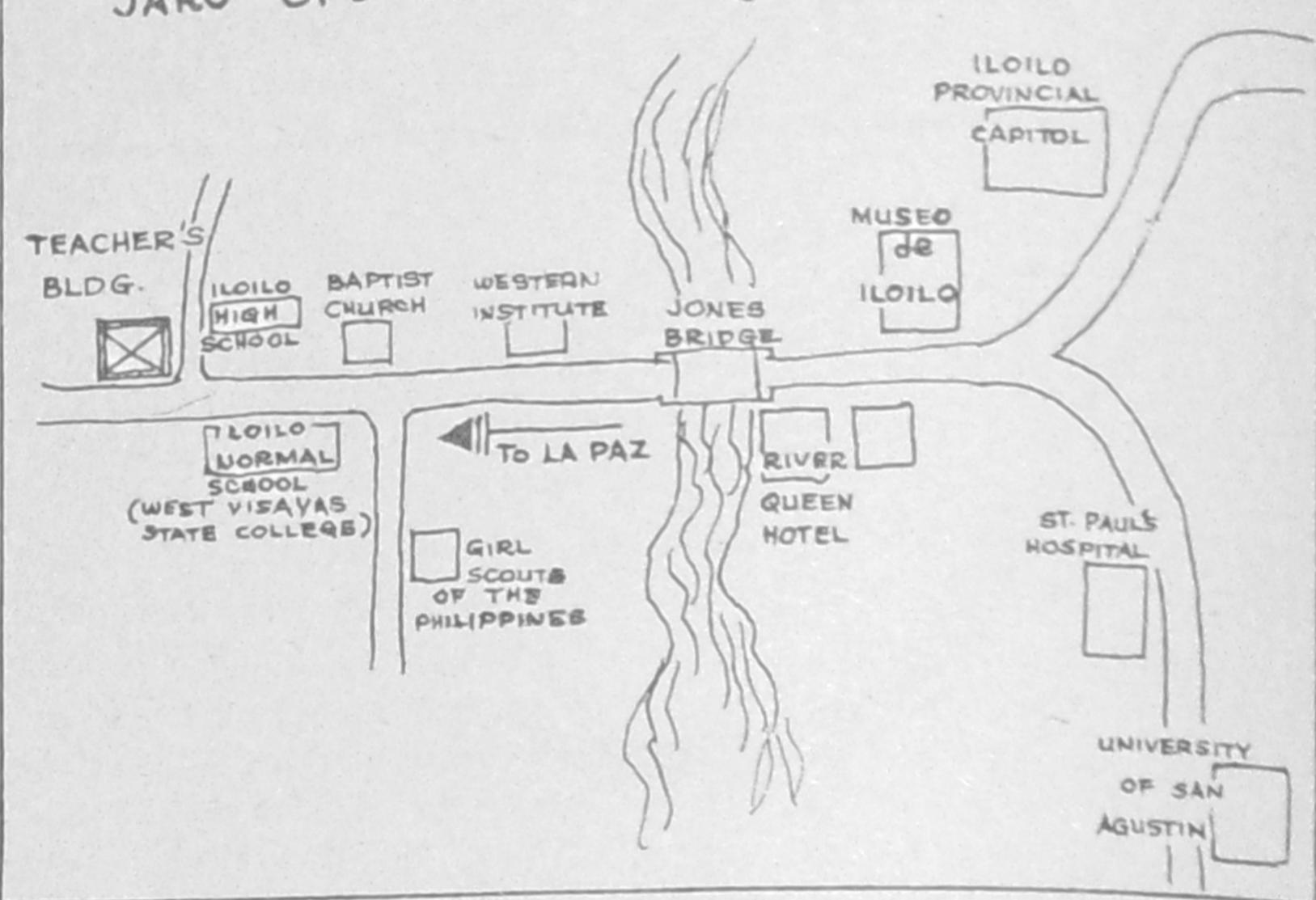
ILOILO CITY -- It was "allergic" to the raining all morning. In rate being charged us by fact, it had been this way the management of for several days already. River Queen Hotel. They Rains kept pouring inces- were charging us a little santly. That particular too much -- \$20 per hour. day -- February 22 -- was We were therefore paying also the day when we had P120 for our six-hour our bi-monthly Sabbath stay. And added to service and Bible study. was another problem. As in our previous other were experiencing a 'memservices and studies, this bership explosion." was the day that we had had an all-time high attenbeen expectantly waiting dance of 92 during for -- thirsting for anoth December meeting. We er opportunity to assemble found out that the air problem at all. Mr. Jose a living sacrifice that goes with the occa- number. reason why, siasm did not wane.

high the We We our

worst part of the incle- did not prove to be in- ing."

them from attending our the management asked for a ship.) service (after all, we donation instead of a re- That afternoon, Mr.

From city proper going to Teacher's Bldg., take Jeep with JARO-CPU-DERECHO signboard.



ros Occidental bore the be cheaper. This problem ject "The Spirit of Giv- ations.

ment weather. In order to surmountable; in fact, it Unlike our service last again assemble and hear reach Iloilo they had to was solved in due time. A December there was a de- God's message explained to take a ship and with the larger place was found. It crease in our attendance us, together with the telway the waves churned and was the Girl Scout Au- this time. Seventy-six lowshipping that followed, seethed -- rocking and ditorium. (There was no persons were present. inspired and spiritually heaving the pitifully previous tie-up of any Part of the reason for the rejuvenated and reinvigorsmall versel -- it was a sort whatsoever with the decrease was our transfer- ated us. In short, we had trip not really desired. GSP there in Manila where ring to GSP. Not all of our spiritual "battery" Beyond a doubt it was a the Manila brethren meet.) the members knew the place recharged. And thankfully, tribute to the burning It happened that the In fact, not one among the this time the "duo" zeal of the brethren from GSP here serves us just brethren from Negros Occi- (Messrs. Raduban and Hood) Negros Occidental and to right: it is a lot cheap - dental answered "yes" when did not encounter what the rest of the -brethren er and more spacious. To I asked them whether they they had experienced durwho attended, that the bad make the arrangements knew the place. (I went ing their "wearisome weekweather did not discourage unique and outstanding, to fetch them from the end" episode. (Severo Ca-

have this chance not every gular charge for our use Hood delivered a sermonweek, nor every month but of the Auditorium. That ette on the subject of once in two months). left it up to us how much "True Conversion." He When we met that day to "pay." Last service we pointed out to us the test for our service, we were donated \$30. Indeed, it of our conversion is on not in our usual meeting was quite a savings from how much or how far we suhall. It was decided dur- the P120 that we were pay- bordinate our will to God's ing our previous service ing at the River Queen will. Later on, for the last December 28, 1974 Hotel. main sermon, Mr. Raduban that it was high time for The only problem with talked on "How to Become a us to look for another the Girl Scout Auditorium Living Sacrifice." He place -- one that is more is the absence of a public made it known, and in the spacious and if possible, address system. We found process cleared up some cheaper. We were getting out later that it was no misconceptions, that being

and hear God's Word ex- conditioning units of the Raduban and Mr. George not mean that a person has pounded by His ministers room could no longer cope Hood brought with them an to deny himself the good plus the fellowshipping with our relatively large Am/FM Cassette that also things in life -- things served as our P.A. system. that are wholesome, pleassion. That explained the Left with no other al- And not only that. Thru ant and uplifting. What despite the ternative, we began look- the cassette player we is being asked of us is bad weather, our enthu- ing for a more spacious were able to hear the that we deny ourselves the hall. Yet -- and this was taped sermon of Mr. Garner wrong things, the bad in-The brethren from Neg- our dilemma -- it had to Ted Armstrong on the sub- fluences, the wrong motiv-

ILOILO CHURCH MEMBERS, NOTE: From GSP meeting hall, the "wandering" Iloilo Church will now again move to the Teachers' Assembly Hall (in front of the West Visayas State College) starting with their April 26 schedule. For further particulars, see Announce ments. -- Ed.

SEARCH

FOR NEW 1975 FEAST SITE

/In page 4 of the February CONTACT, the article on the January Philippine Mi- In Mindanao for 1975 will nisterial Conference briefabout the plan to estab- ted to hear the news! lish a new site for the The purpose of moving Feast of Tabernacles in the feast site to Cagayan Cagayan de Oro City start- de Oro City is to make it ing with this year's fest- easier for the members in ival. After the confer- other areas (the Visayanence, Mr. Adair instructed provinces and surrounding Mr. Encardio Benitez, loc- regions) to come down to al elder assigned in Buk- Cagayan de Oro instead of itez's brother, Eustiquio, city.

DON CARLOS, Bukidnon --Last Sabbath (Feb. 1), Mr. Encardio Benitez announced before both congregations of Kiara and Don Carlos

as viewed from our

that the major site for the Feast of Tabernacles be held in Cagayan de Oro ly mentioned in passing City. Everyone was exci-

idnon, to immediately travelling further to Don survey the area and search Carlos which is very difffor a possible place in icult. Geographically, Cathe city that can handle gayan de Oro is the center the festival activities of northwestern Mindanao. and accommodations. Below Also much needed faciliis a report from Mr. Ben- ties are available in the

regarding this plan. / Last February 3, Mr. Benitez and this writer went up to Cagayan de Oro for a two-day search for a place where God's people could rejoice. We visited many auditoriums and coliseums but they did not fit our needs. Some were too

big and filthy with poor facilities. We sought the help of a church, member who is living in the city to guide us, but it seemed that our efforts would be in vain.

Our last prospect was the Palarong Pambansa '75 (Marcos Sports Center) -so many fine buildings for the 1975 Palarong Pambansa which will be held March 9 athletic meet.

Back in our hotel, we tried to think of some other nice sports in the city. Then we remembered a beach resort which we visited long ago. We decided to see it immediately. To our amazement the place was just what we wanted! It is a fine resort with many air-conditioned cottages. They have also a main building with an annex pagoda (but not like the Chinese pagodas) which is a very spacious meeting hall that can hold about a thousand people. We felt that it was an elegant place for God's people to fellowship

and keep the Feast.

After touring the place with the owner, we started the negotiations. owner and manager, Engineer Palad, offered us free use of all the facilities in his resort --rooming facilities, cottages, the main building, a gigantic construction of pagoda, nipa huts, and hundreds of tables but with the condition that all the guests have their meals in - 15. Probably all these his restaurant. They are buildings would become a- charging us P20 a day per vailable to us after the adult and P8 for children (age 7 and below). The owner said he cannot offer free use of the place if there will be only a hundred people who will regularly eat in his restaurant because the entire resort area will be made exclusive to the Worldwide Church of God for the eight days. We thought that this was quite reasonable when we consider today's soaring prices. But obviously this is quite expensive when we compare it to the cost of food and lodging in the Baguio feast site.

> Mr. Benitez, however, also presented a counter (Please turn to next page)

My impression about

THE FIRST PT LECTURE

The rare privilege witnessing the first of a the "Philadelphian Church." series of P.T. City last February 8 and 9 Dagupan City -- DZWN. was quite inspiring and Mr. Adair's subject,

I felt a bit uneasy when I agreed. saw only a few new people A set of new people in the hall yet it was al- turned up the next day, ready almost four o'clock but several didn't appear -- the scheduled time of anymore including the man the lecture. But a little I previously mentioned. later the number multi- Probably they were terri-

and happy. Obviously it's the custom of Filipino time.

I was surprised to see a man who frequents our barrio for business deals. It's interesting to note of that he heads a sect dubbed Lectures He also broadcasts nationwide held in Dagupan former W.T. station in

encouraging. Mr. Adair "Is This the End Time?" spoke so boldly and dynam- proved to be a very powerically about the truth ful witness. For an hour that there's no doubt God the audience was silent inspired him. and attentive -- perhaps On the first afternoon scared -- but I think they

plied, so I felt relieved fied but I believe some of

them live in distant areas. Mr. Adair expounded on the only hope of mankind -the Kingdom of God to be established on earth. As usual the audience was Mr. Adair's receptive. parting message was a touching one even for me personally. He said emphatically that they (audience) have heard a warning from a representative of the one and only true Work of God on earth today. And it's up to them to believe or not, heed or ignore, yet it's still going to happen.

When it was all over everybody exuded enthusiasm. Indeed the beginning of this new dimension of the Work in the Philippines was a tremendous success. (Emmanuel Quiray)



"The Worm or

SEARCH FOR NEW FEAST SITE ... contd

proposal. He proposed that we will just pay for the use of the entire beach resort and let the people in attendance be Beginning with this is- cy official; "How to Stay

the owner assured us that he is willing to make some more adjustments when they go over our site, so watch for further developments! (Eustiquio jects discussed. In The lectures given dur-Benitez)

LETTERS...

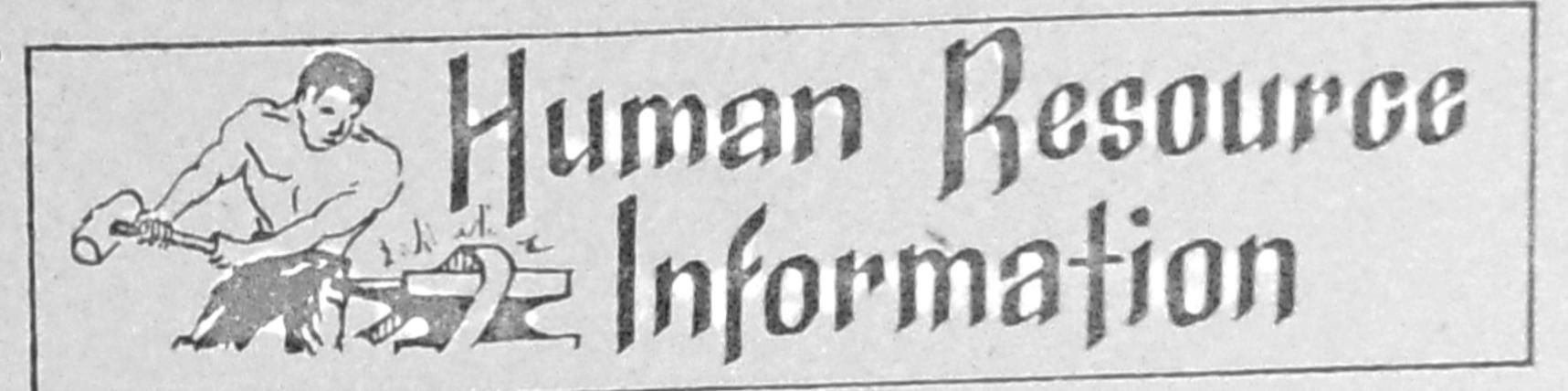
Thank you very much for sending me the CONTACT. I am a new church member -baptized only last July -and I never thought that there exists a publication for the church membership. I think that CONTACT fulfills its purpose, that is. to inform us of the Church activities. This certainly shows the Church's concern for its members. I really welcome this newsletter.

> -Marino Resma Tanauan, Leyte

Question: What's the difference between a WOMAN and a POSTAGE STAMP?

Answer: A woman is a FE- Evaluate Yourself MALE while a postage stamp

A woman hopes to end up with a MALE; the postage stamp ends up with a MAIL.



ty and color to the sub- cordings of the lecturers.

coming issues for instance you will read about "Legal Pointers on Employment" by a lawyer-personnel manager, Pointers on Job-Seeking and Employment" by a company vice president-assistant manager; "Government Employment Opportunities" by a high government agen-

free to take their meals sue, we intend to publish and Hold on to One's Job' where they want to or just a condensed form of the by a young banking systems pay for what they will lectures given by differ- officer; "Business Oppororder in the resort's res- ent lecturers during the tunities" by two business taurant. In this way our Seminar on Employment and proprietors; "Advantages people who are less finan- Business Opportunities and Disadvantages of An cially able can adapt held in the Ambascol of- Employee vis-a-vis a Busithemselves to their own fice last January. While nessman" by a businessman, personal situations. the speakers all spoke on plus other interesting and After a lengthy talk, the subject of employment revealing articles from and business, yet each the lecturers. These arspeaker approached these ticles were condensed by subjects from his own an- HRIC volunteers from coproposal. gle or field of speciali- pies that the volunteers This is a very promising zation thus lending varie- transcribed from tape-re-

> ing the said seminar proved helpful and were much appreciated by those in attendance. We feel you will also find it informative and beneficial, hence our publishing them. Of course, as with any other knowledge, its real benefit will be up to the

individual who applies it. Finding -THE RIGHT JOB FOR YOURSELF

by Luciano Valencia

and determination. job?

tual job hunting, you terests, ask yourself what bio-data, BEFORE applying. should first know what are the things you were The type of resume you work you are qualified for, fond of doing since high make will depend on your

There are six major years from now? Finding a job should you must evaluate, namely: you have listed down. Esnot be done haphazardly, your interests, skills, timate their worth or val-Finding a job is a job in education, experience, ue not in terms of money itself. It involves much personality, and goal. but in terms of their quaplanning, much thinking, Finding a job is similar lity. Concentrate on your much time, much initiative to selling a product -- it strong points -- the key You is selling yourself, your to gaining confidence. And need to thoroughly prepare mind, your time, your abi- depending on your fifor it. How then, should lities and skills. You nances, you may have to you go about looking for a are both the product and undergo training to imthe salesman, and you prove yourself. should know your limitations as well as your strong points.

to pursue cultural interest? Make a list of these interests. You can seek the help of professional vocational guidance counsellors to determine your interests, like the Psychological Corporation of the Philippines. Some high schools and universities also offer Guidance and Counselling services.

Do you have any special talents in music, painting speaking, handling and operating tools, or any other area? These are the things you consider in determining your skills. Under education, what specialized knowledge did you acquire in school? Did you have any vocational training, or training in the Armed Forces, or correspondence schools? What are your favorite subjects Under experience, list down the part time jobs, summer jobs, full time jobs, duties and responsibilities you had. With regards to your personality, are you an introvert or shy or do you want to work with people? Can you keep calm under pressure? Can you accomplish things even in an emergency? Are you a fast worker or a slow worker but do things methodically? For your goal ask yourself, what do you want to be five or

areas about yourself that Appraise these things

Prepare Your Resuma

is a MAIL FEE.

Before you go into ac- In analyzing your in- Prepare your resume, or You must first take stock school? Are you mechani- experience and qualificaof your qualifications. cally minded? Do you like tions. For the experienced, things as subjects you neighbor, if necessary),

tion. Attach the covering with them if necessary. letter.

Prospecting Prospective Employers

take in looking for a job proach, knowledge of person concerned, introduc- terviewer to extend his the salary before the in- studies on management.)

will be of interest to your circle of friends are tant. Ask for the ments prepare a covering openings in the company letter to be attached to they are working for. the resume to catch atten- Strengthen your friendship

The Interview

Another step one can dress and appearance, ap- during the interview, do from your previous stand. the not lose is sending letters -- di- company and attitude. Go Though you may not qualify, (Mr. Luciano Valencia is a rect mails to a selected there 10-15 minutes before your enthusiasm and inter- long-time and prominent list of companies. Have a the time. Be appropriate- est may carry you through member in the mailing list. These di- ly dressed. Approach is a and the personnel manager Church. He is presently rect mails are different physical factor in the in- may try to create a job the Personnel Manager of from the answers to adver- terview. Walk with confi- for you if he was really International Harvesters tisements. Direct mails dence. Don't be too ag- impressed. Have a fixed Macleod, Incorporated. He

list down the companies ing yourself because you hand. Do not sit down terview. Know how much you have worked for. And want to be considered in right away. When told to you are worth and don't be for the inexperienced, the future openings the sit, sit erect. Speak fearful in stating the salist down personal refer- company will have. Use clearly, enunciate proper- lary you want. Do not ences. Include such the telephone directories, ly. Know the nature of state a very low figure -industrial directories, the business of the compa- it will give the imprestrade associations, person- ny, the products, territo- sion that you are not which are related to your nel manager's associations ry covered, customers, very much and if the comjob, your telephone number and materials from the branches, etc. Know these pany has been prepared to (even that of your nearest Philippine Chamber of Com- things so you can discuss give a higher salary than merce to know the company them intelligently and you want and you stated a men behind them. Another show interest. Your atti- very low figure, the comother information which step is finding out where tude also is very impor- pany gets a bargain and prospective employers. working and ask them for attitude in prayer. Tell the interview by thanking In answering advertise- information concerning yourself that you want to the manager for the time make the best impression he has given you and tell during the interview -- that him that you hope that you you like the personnel man- will be considered favorager and you want him to ably. After the interview, like you. Show enthusiasm keep in mind what has to stimulate the personnel taken place during the inmanager. Show interest in terview. Note it down, so him, the job, the company. that in case you will be in Even if you discover that called for another interthe interview: punctuality, you do not like the job view you will not deviate

should be directed to the gressive. Wait for the in amount in mind concerning has also taken advanced

SEORIS

BASKETBALL TOURNAMENTS SECOND ROUND OPFNS

The opening of the second round of the baskethall tournament was held at the Davies hardcourt,

within and "without"

encountered another skir- first half. mish with the Atlantics' White cagers switched Golds Nip Greens ches.

The following is a report of the breath-taking aggression of the men's teams.

Blues Edge Whites

Blues ensured a winning Buendia Avenue, Makati mark when Santos, Parane last March 8, 1975. and Macaraeg solidified 18 Jam-packing the new com- scores in the first quarpeting ground were the ter. Unshattered by the games' enthusiasts from initial threat, the cun-(non ning Whites played with members) to witness the their usual defensive triumph and tragedy of the style allowing the fast

turbulent Pacific tides a 26-18 margin in

furious waves to open the an instant shock galvanizevenings' anticipated mat- ing the horrified opponent after maneuvering a closer distance in the The Golds who recorded midst of the second half. no win in the first round Yadao triggered 12 blows gripped a triumphant en-

ing mob, Baylosis' bombers in the first half in a grabbed the lead in just a shading 19-16 score. two minute blast to record Yap, Manubay, and Tribined shooting by Pioquin- ter their time out recesbelligerent teams. The scoring Blues to construct the Blues, 45-43. (Ely Mellomida)

but this was easily recov- deavor over the Greens afered by Dizon and Pioquin- ter snatching the lead in to who linked 10 scores to the second half. The abmaintain the lead in the sence of team pillar P. Chu remaining 5 minutes, 41-38. hampered the Greens from Enlivened by the scream clobbering the opponents

a 43-41 score. Then a com- nanes coasted 14 points afto and Parane grappled sion to pin down the back the position at the Greens with a 37-29 margin. brink of the last buzz. Ya- The waning Greens failed dao who had the last to hurdle the race up to chance to grip a tie miss- the deciding point. The ed his two charities caus- slight 48-43 border marked ing a trimming victory for the Golds' first victory.

SHARING HOUSE OF CHOICE READINGS

LISTEN TO WHAT YOU CAN'T HEAR

Today more than ever you should listen carefully to every speaker on Sabbath Day because what you miss may cause you your life.

Mr. Norman B. Sigband discussed fully the art and value of listening.

YOU HAVE TO CONCENTRATE

One basic barrier to effective listening is simply inability to concentrate, which causes facts and ideas, to be lost.

Lack of concentration permits us to take mental excusions into other areas as we listen.

Opinions and prejudices can also cause poor concentration. When a statement the listener doesn't like is made, he may figuratively reach up into his brain and turn the communicator off. Or he may concentrate on a statement with which he disagrees, allowing other statements to go unheard.

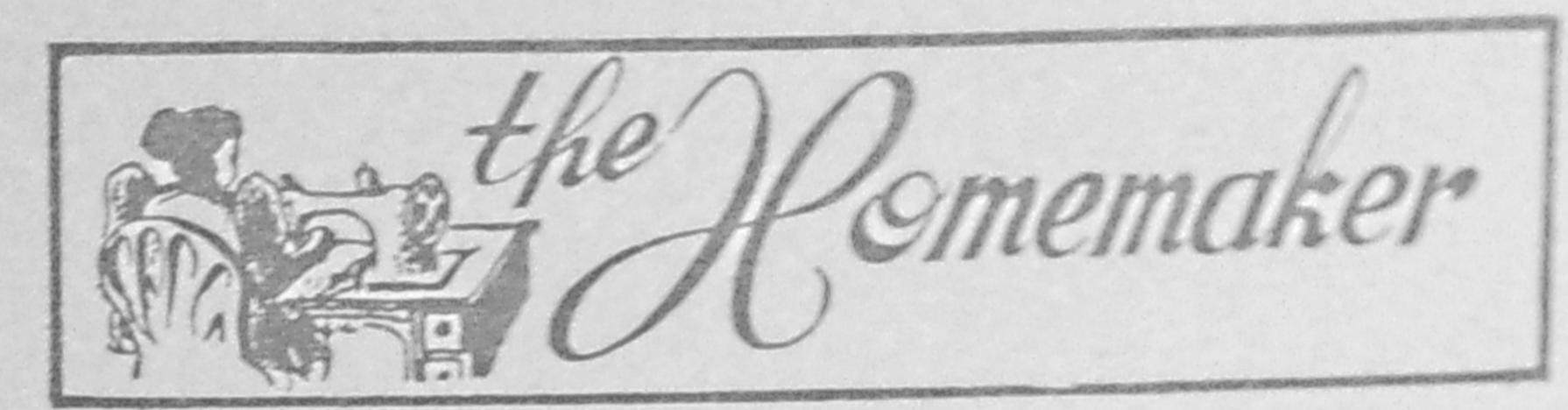
Try to put aside your preconceived ideas or prejudices. The man who is speaking may have a new concept that is worth putting into practice.

And if you want to concentrate, don't try to do something unrelated to the discussion while the man you wish to listen to is " talking.

LISTENING FOR FACTS

The good listener makes a definite attempt to listen to every statement for facts.

(Please turn to page 14)



Part III Your NUTRITION GUIDE

by Edmond D. Macaraeg

MINERALS

When it comes to health most people think only of vitamins -- equating health with vitamins alone. Other food elements as minerals are as important in achieving and maintaining proper health. Therefore, a good understanding of these other food elements is important.

Here are some of the functions of minerals in the body: help maintain the proper amount of water in the body; draw chemical substances in and out of cells; keep blood and tissue fluid from becoming too acidic or alkaline; influence secretion of glands; sending messages through the nervous system and help set up conditions responsible for the irritability and contractility of muscles and tissue.

CALCIUM AND PHOSPHORUS

Needed in larger amounts than other minerals, these two are grouped together in the body. If one of them is lacking, there is nothing for the other to combine with. That one element of the two which should have been in the body already is rendered useless and is lost from the body through the wrine. So, calcium and phosphorus are rendered "useless each without the other." to borrow a phrase from Longfellow's

poem, "Hiawatha."

Functions in the Body

About 99% of calcium and phosphorus in the body is found in the bones and teeth. As a basic building component, these minerals essentially give hardness and quality of growth to the bones and teeth. cause stunted growth, or ing it in the bones. soft, porous bones. During pregnancy, the baby's need is more urgent. As a result, mothers who have deficient intake of these minerals lose one or more teeth because these minerals are "stolen" from inside the mother's teeth making them weak and susceptible to decay. If not enough of these is available through the teeth, the baby gets them from mother's bones too.

Phosphorus has an additional role in energy production and animals lacking in this die more quickly as a result than lack of other minerals.

these minerals (not found in the bones and teeth) are responsible for some body conditions not familiar to many. According to world-famous nutritionist Gayelord Hauser, tiny

laxed disposition. Lack of it in growing children may be manifested in the form of nervousness, irritability, unpleasant disposition, restlessness in sleep and even bed-wetting While in adults, lack may be manifested in the form

of tenseness, irritability making frequent mistakes unsound sleep and becoming easily fatigued. Lack can also be a contributing

factor in muscular cramps and abdominal cramps especially during menstruation in women attributable to the lack of calcium and phosphorus lost in the blood.

These minerals, he mentions further, are essential in the proper clotting of blood and that also Vit. D. is needed in the efficient absorption and use of calcium and Lack of it in children can phosphorus and in deposit-

Calcium-Robbing Foods

Unknown to many is the result of some studies revealing that there are calcium-robbing foods as a result of modern food processing and manufacture. Calcium-robbing foods are those which destroy and/or prevent calcium from being used in the body. The information and result of these studies is being suppressed from the public because of the business interests of big commercial establishments produc ing these products. If the facts were made clear The remaining 1% of to the public they would lose customers.

Whether the studies are published publicly or not, the results of habitually taking such foods are very evident to anyone. Have you noticed the teeth of particles of these mine- children who frequently rals in the form of ions consume candies, sweets, aid in the transmission of chocolates, jellies, soft nerve messages. Also ade- drinks and the like? They quate amounts in the body have very poor and defect can be a factor in helping tive teeth. It is not beone have steady and re- cause of deficiency in

tooth-brushing, nor is there a significant lack in calcium intake, as studies have shown. The basic fault in these types of food is the white REFINED sugar they contain It is the culprit! The Journal of the American Medical Association called it "White Death." Also, chocolate and cocoa on its own seem to prevent the absorption of calcium thereby producing the same effect as refined sugar. It is therefore best to avoid these foods as much as possible. However, you do not need to necessarily deprive yourself of these if you make your own version using brown sugar instead and cutting down on chocolates. The closer one sticks to natural foods, the healthier the person is expected to be.

Best Sources of Ca & P

Based on the Food Composition Table published by the Food and Nutrition Research Center, NIST, NSDB, hereunder are some of the richest sources of calcium and phosphorus.

Estimated minimum daily requirement is about one gram for each daily. The contents in the table are expressed in milligrams per 100 grams of edible portion.

Food	Ca	P
Powdered milk	727	480
Imported	777	338
Small ancho- vies (dilis)		378
Molasses (white sugar is abso		
lutely 0 in both)	470	85
Rice bran (darak)	591	
Seaweeds Jute leaves	649	22
(saluyot) Bitter melon	538	124
(ampalaya leaves)	384	73
Kutsarita, green	374	47
Horse radish (malunggay)	353	95
Spineless ama- ranth (kulitis		76
Soybeans Roasted peanut	296	
Red kidney	115	
Munggo	125	
		-

UNIQUE BUT SUCCESSFUL PICNIC FOR ILOCOS NORTE BRETHREN

"A little here and a Then part of the group

group then agreed to as- The explorers departed

by using Ilocano songbooks

little there" situation went to the famous lightdid not hinder the Ilocos house, noted to have ligh-Norte brethren to gather ted its first flame in and enjoy a picnic last 1892. After exploring the December 29, 1974. tower of Burgos, they ate Mrs. Mila Dalera sug- their lunch which was gested Cape Dojiador as followed by another singthe picnic site, one of along. An Ilocano folk the province's tourist dance, enacted by Miss spots. The members sup- Bello, added to the fullported the proposal. The filment of the picnic.

semble at Bacarra, the for home at 3:00 p.m. obstarting point of the ex- viously filled with enjoypedition. ment and satisfaction res-At Cape Bojiador, Miss ulting from the unique Romana Bello welcomed the fellowshipping they had group with her usual warmth experienced. (Aurelio P. and proposed a sing-along Tarlan and Eleno Millomida)

KITCHEN TIPS ...

iodine, calcium and copper fish becomes inedible.

From the National Media paring smoked fish. Production Center and the 1) Remove gills and vis-National Cottage Indus- cera of fish. tries Development Authori- 2) Wash thoroughly inty we have this informa- side and out. tion printed in the Times 3) Soak fish in 10%

soaked in brine solution leach out as much blood as and later smoked to add a possible. distinctive flavor and an 4) Then soak again in attractive color. It is 60°F. salinity brine from commonly known as "tinapa" one to four hours. Length

close to the fire to cook kept. with smoke at a tempera- water. This may also be called dried. flavorful and juicy. How- the eyes turn opaque. ever, unless kept under refrigeration they do not last long because of their high moisture content.

In cold smoking, a temperature of 90° to 110° F. is used. The fish are smoked over a period of days or week during which they pick up a strong smoke flavor and are decidedly dehydrated. They can be stored for years with-

out refrigeration.

Fish is usually the Charcoal fire may be main dish of most Filipi- used to provide the heat, nos. It is less expensive and green guava leaves or and has protein values sawdust the smoke. Sawequal to meat. Fish is dust should be non-resinrich in minerals such as ous or else the smoked

and in the B-vitamins. Smoking itself helps When fish is cheap or only a little in preservawhen the catch is plenti- tion. Not all smoked fish ful we can store fish by can be kept for a long freezing, canning (if you period, but if the moishave pressure cooker), ture content of the fish salting, drying and smok- is sufficiently reduced ing. For many of us, salt and the salt content coning, drying and smoking siderably increased, are the most practical smoked fish will stay good ways. Of these, smoking for a long time. Followtakes time to prepare, ing are the steps in pre-

- Journal (2/11/75) on "How brine solution (one part to Prepare Smoked Fish." salt to 9 parts water) Smoked fish is any fish from 30 to 60 minutes to
- Generally, there are of salting varies accordtwo types of smoking: hot ing to the desired amount and cold. Hot smoking is of salt, the size and kind a low type of broiling of fish and length of time where the fish is placed the smoked fish are to be
- as well as to saturate 5) Wash fish in running
- ture of 150° to 190° F. 6) Drain until fish are
- "barbecue smoking." Fish 7) If desired, pre-cook treated this way are quite fish by steaming, until



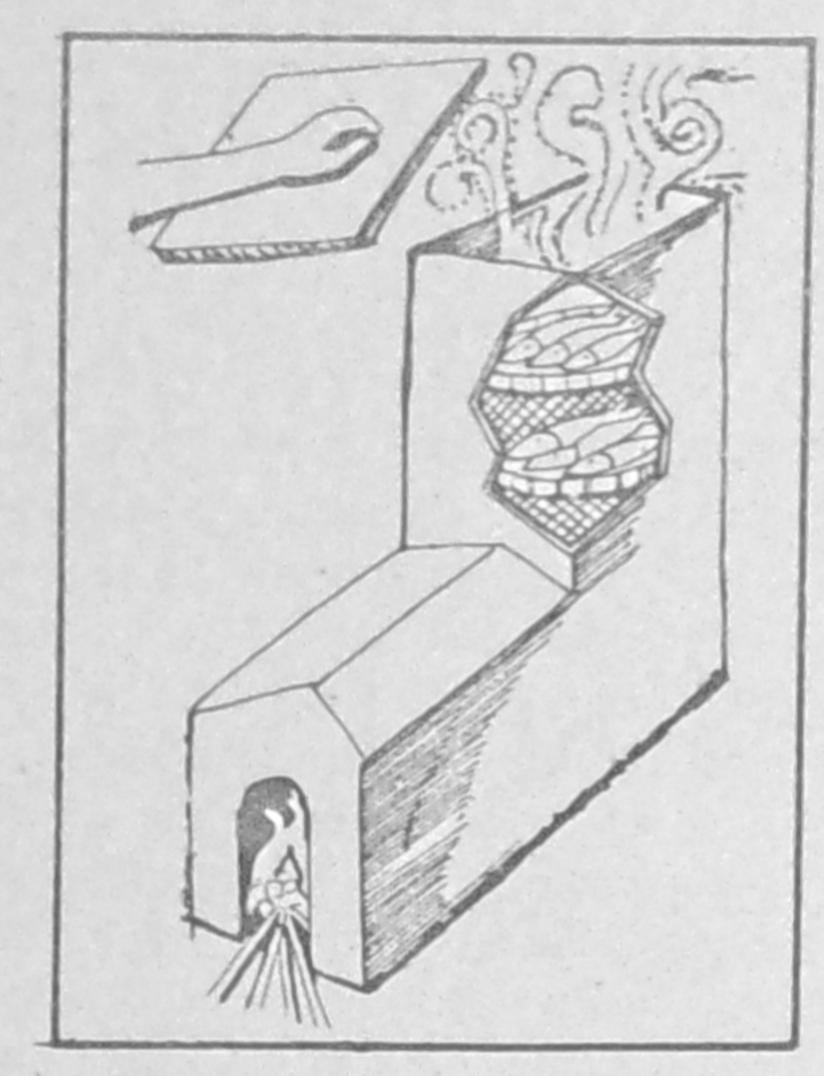
(Please turn to nev

KITCHEN TIPS ...cont'd

8) Arrange the cooked fish on bamboo trays. Drain until surface moisture is removed.

9) Place trays in smoke house with light smoke for 30 minutes to one hour until fish reach the desired color and flavor.

10) Smoked products may be eaten immediately after smoking process. (GM)



BLAN , BLAN , BLAN , BLAN , BLAN , BLAH , BLAH , BLAH , BLAH , BLAH YOUR IDEAS ARE BLAH , BLAH , BLAH , BLAH , BLAH, BLAH, BLAH, BLAH! ALL SOUND NOW, MR. SPEAKER, WHAT DO YOU THINK OF MY IDEAS ? CONG. LOU QUACIONS

ANNOUNCEMENTS

BUSINESS TALK

After eight months of difference of 2.4%. action, the fiscal year 1974-75 First Account picture shows some changes for the better.

In this issue I will present to you the summary of the condition of First Account for month of February. refer to last month's is- The above analysis 29, 7 P.M., Adairs' Res. cayasan, Urd., Pangasinan.

take note of this fraction up to 96% for February. of former ACA Office). ILOILO CITY -- 9:30 A.M. This is the one used as a Further analysis shows CHESS TOURNAMENT -- ev- Apr. 26, June 28, Teachers'

registered at 69.3% -- 2.6% far. more than what was planned. If both the income and

I mentioned the changes expense continue in shot income of 10.8% was Maninang)

smaller by 1.2% compared to January's 12% yet the February's overshot expenses was only 2.6% more compared to 5% of January -- a

This means the actual cumulative deficit since July 1974 up to February 1975 was narrowed down to \$27,730.00 or 4% of \$20,680--5% of the month's Club Room, Ambascol Office URDANETA -- 9:00 A.M., definition, purpose and ence of \$2,950.00 was li- TRAIN. CLASS (Exclusively month, Agri. Cred. Adm.

sue.) shows the income is catch-

base of comparison through that since the start of ery Thursday, 6 - 8 P.M., out as of the end of the 1975 the income's trend Ambascol Club Room. eight month. As of Februa has been steadily going up. LAST DAY SERVICE, DUB ry 28, 1975, the income, the One of the main factors expense and the deficit was the letter of Mr. G.T. should have arrived at Armstrong last December this point -- 66.7%. That 1974. From that time, the is, of course, if every- overshot income has never 13th. thing went as planned. been less than 10% of the BAPTISING SCHEDULE --

ual income received showed has been over the budget - Makati, Rizal. a healthy figure of 77.5% ed amount, is nevertheless --10.8% more than what was being maintained to a miniexpected. The actual ex- mum. It has never exceedpenses, on the other hand, ed 5% over the budget so

this are for the better. Here direction we will see the are the reasons why. Al- fiscal year ending with though the February's over less deficit. (Medardo M.

BIBLE STUDIES -- April BALAYAN, BATANGAS --16, 30 (Wed.) 7:00 P.M., GSP Auditorium, Padre Faura, Manila.

MONTHLY MOVIE -- Apr. 5 (Sat.) 7:15 P.M., Ambascol ALL DAY SERVICES IN THE Office, R.M. Center, Roxas PROVINCES: Blvd., Manila.

SPOKESMAN CLUB MEETINGS BAGUIO CITY -- 9:00 A.M. Club A -- 6:30 P.M. every 2nd & 4th Sabbath of the actual expenses.Last Jan - Club B -- April 8, 22, announced later); Also Apr. uary the deficit was (Tue.) 6:45 P.M., Ambaseol 12 -- 10 AM, Adairs' visit

BASKETBALL TOURNAMENT -- CEBU CITY -- 10:00 A.M. equal to 66.7% (rounded Last Tanuary it was 95% of Jardine Davies Basketball off). I would like you to the expense, Then it went court, Tindalo St., (back zanine flr.) Fuente Osmena.

10 A.M., 2:00 P.M., SSS

CHILDREN'S PARTY--April

However, as of the last expected amount. Apr. 13, 8:30 A.M., 1588 day of the month, the act- The expense, although it Camino dela Fe, Guadalupe,

> SAN FERNANDO, PAMPANGA PLAIN TRUTH LECTURE --Apr. 6, (Sun.) 10 A.M. & 2 P.M., 1st and 2nd lectures respectively. St. Cecilia's Hall, St. Scholastica's Acad., San Fernando, Pampanga

SAN FERNANDO FOLLOW-UP LECTURES -- Apr. 13, 20,

Ministerial visit, Apr. 21 Balayan Post Office, 1:00 P.M.

Sunday, Ambascol Club Room month (meeting place to be

actual expenses. A differ- MINISTERIAL EDUC. & 1st & 3rd Sabbath of the use of this account please terally saved. for class members) Apr 15, (ACA) Farmer's Hall, Nan-

Eight months (8/12) is ing up with the expense. Apr. 12, 26; 7:00 P.M. May 31, July 26, Town & Country Restaurant, (Mez-

> Assembly Hall, (in front of West Visayas State College).

NAGA CITY -- 10:00 A.M. Social Hall (2nd floor), April 19, June 21 Lindez SSS Bldg., East Ave., Q.C. Hotel (2nd floor).

CONTACT POINT

Several people, especially from the provinces, are still writing for the Old Bible Hymnals (now phased out) which we offered free for the asking many months ago. We regret the time lag due to mail delay between the announcement and your response -- we no longer have any copies of the free hymnal.

On being first?

- 1. Are you the first of the late-comers to arrive for the services, when the opening hymns are being sung or when the opening prayer is being said?
- 2. Are you the first to go to the comfort room

- play with your child at the foyer if the child is fussy during HAVE YOU the service?
- 7. Are you the first to be greeted by newcomers?
- 8. Are you the first to fall asleep during the by George Hood service?
- 9. Are you the first to let your children run wild after the service?
- 10. Are you the first to ignore the letters at the table in the foyer?
- foyer?
- leave your things in the hall after going home?
- 13. Are you the first to notice this checklist as pharaisical or Talmudic?

As firstfruits, how do you tally with these firsts?

To those with legitimate reasons, our sincerest apology. (Samuel T. Librojo)

TIPS ON PREPARING FOR THE FEAST OF TABERNACLES

We all know that prices of commodities and services will never be rolled back to 'their original costs. It would be better; therefore, to plan ahead financially this coming fall Festival.

The expenses involved go to the comfort room As of now I have no idea just enough for one person as the last song is be of the would-be price. This is written primari-

6. Are you the first to he suggested I write for enough to make you attend (Medardo M. Maninang)

the Contact about the idea of saving.

From the time you read this letter up to September, there are approximately five and a half months left -- around 165 days. If you could only save one peso a day you would 3. Are you the first to transportation. Perhaps, 7165.00 just before the go to the comfort room many have already heard Feast. This amount, based during the singing of the rumor regarding the on last year's actual exthe choir? plan of the Teachers' Camp penses plus a little over-4. Are you the first to to raise the lodging fee. head, is approximately

ing sung even before But just the same, nobody ly for those who will hard Feast. Perhaps most were or during the closing can go to Baguio unless he ly have enough second turned in as offerings. prayer? Feast of Tabernacles and of your allowance is of to save for the Feast.

the Feast at Baguio. In case you find it hard to save this amount save whatever amount you can.

In this way you would be helping the Work if you would ask for a few pesos second tithe assistance (if it would be approved) instead of requesting the whole amount needed. I would like to inform you Mr. Adair mentioned in the during services? are lodging, meals and have a hard cash of Bible Study last March 5 the condition of the sec ond tithe. He said very few, if anyone, would get help this coming Feast. It is because not enough excess second tithe was received after last year's

prayer? provides for the three tithe for the Feast of Ta- This is just a sugges-5. Are you the first to above-mentioned expenses. bernacles this year. The tion. No one is obliged to dash outside to go Mr. Mirto and I were students especially. One do it. Maybe there are home after the closing discussing the coming peso a day set aside out other ways you can think

11. Are you the first to relevance of the Bible to ble Correspondence Course. ignore bulletins, an- the Space Age, to the The twelve lessons of nouncements and pos- times in which we live; this course make up a foun- Gathered by: ters posted at the the fate of mankind; proof dation of vital knowledge Florencio S. Sehastian 12. Are you the first to come to an end; the poten- ettes and Bible studies. "Conscience is merely our past; how to ESCAPE the inevitable chaos and up- God's teachings on these heavals facing mankind in

rooted, stable and growing food at once if you have --- Selected

Christian life.

Do you know all these things? Can you find them in your Bible? Do you even know where to begin to look in order to find out these things?

A solid Christian -- If not, or if you aren't one who is unlikely to be completely sure -- if you deceived -- must, among can't give a resounding other things, know his Bi- affirmative to the above ble well. The foundation- questions -- then you need al things such as: the the Ambassador College Bi-

that the world will not upon which sermons, sermonrulership, and why; the correspondence course. by the Word of God." historical thrust of man's The work of searching --- T. Edwards through the scriptures for many matters has been done "Fame is a vapor, the imminent future... for you already. You Popularity an accident These matters and many ought to avail yourselves Riches take wings, more like them are vital of this enriching and And only one thing endures knowledge to a firmly strengthening spiritual Character."

not already enrolled! Request this exciting, mentally stimulating course from the Manila Office. Act right now!

Let no member of God's Church and no one who would learn of God's Way say "I didn't know"!

QUOTATIONS

tial of the planet Earth; are to be additionally own judgment of right or what death is all about; built. Yes, every member wrong of our actions and what a Christian must of God's Church should so can never be a safe learn in regard to proper have the benefit of the guide unless enlightened

LISTENING FOR FACTS...cont'd

In listening for facts, you should first attempt to perceive the theme or the thesis of the presentation. In a speech, this may be stated in the first few minutes. It probably will be noted in different words several times during ideas and facts. the talk, and may well ment.

then be recognized. What are the key points in the entire talk? The alert So my dearest friends

listener will be able to perceive them, even if the speaker doesn't label each specifically. Facts to support the ideas should be assimilated. But once

the ideas are firmly fixed (Ofelia C. Limpoco)

In your mind, they will help you recall specific facts.

If you listen analytically, you can recognize major ideas and separate them from minor ones. Of course this requires your Effective full effort. listening is hard work.

Taking notes during the talk will help you retain

All in all, to perceive serve as concluding state- the facts that are stated, you need to be attentive The basic ideas should and analytical, and to develop an ability to be retentive.

> with these facts on hand, let us listen carefully to what we hear.

(Reference: Administering Human Resources by Francis M. Trusty)

MAGELLAN -- a SABBATH KEEPER?

Besides, I expected Piga- Pigafetta after the when he fell into the sea

in spite of being a Catho-

by: Jose G. Rustia gellan and Company set out to sea. So it was highly "Incredible! " I mut- improbable that Pigafetta tered. "Magellan keeping failed to observe Magel-Saturday holy?" lan's behavior aboard the At first I could not same ship Trinidad during believe it because I pre- that length of time. He sumed Magellan was a could have noticed Magelstaunch Catholic for he lan unusually meditative came from a Catholic coun- every Saturday during try, Portugal, that ob- those two years (1519serves Catholic holy days. 1521).

fetta's account of the Ma- Mactan incident (1521) gellan expedition as said ". . . that battle (of biased against non-Catho- Mactan) was fought on Salic for he was an Italian turday, April twenty-seven Catholic. Proof was that 1521. The Captain (Magelhe mentioned in his ac- lan) desired to fight (on) count that Christ's mother Saturday, especially holy saved him from drowning to him." (emphasis).

was objective enough to ty Alemar-Phoenix Publish-

lic. Editor's note: This is At the time of Pigafet- interesting, but far from ta's writing (1521) two factual proof that Magelyears had passed since Ma- lan kept the Sabbath!

BUT WHY ME?

by Virgilio V. Alvaran

When I submitted myself to believe that I for baptism in April 1973, couldn't find the I didn't have to ask why I keeping the true faith! should have been chosen to be the first member God's Church in Nueva Ecija's premier city. But I really didn't know back At this time a church then just what God had mind for calling me at early age.

First Brush With Plain Truth

I wrote for my own copies. is concerned. I would point out that I Sometime earlier I asked for the literature wrote Manila about my deonly to be read for lei- sire to join the true resure purposes. ligion. Not having re-

became more and more en- thought I just would acgrossed in my reading. I quire membership in the was literally devouring best available group in all mail coming from the the area. In a sense I College. Before long I was settling for the "secknew God was calling me out of this world. And I was about time. was very much willing to

But Where Is God's Trae Church Today?

Somehow I knew that the The The Eternal Had Intervened one true Church exists today. I wanted to be bap- To make the story short, services, and have fellowship with other members. during their voyage to the (Nicholas Zafra, Philip- But where is the Church Philippines.

pine History Through Se- and how would I recognize

> leaders of different Church and Work of God. churches with congrega- But what I've been per-

if I could fellowship with them. Regrettably I came just body

Would You Settle For Second Best?

in whose services I attended an felt so sure I would finally be their member Their highest official in-Cabanatuan City already brought out the idea of putting me in a mission In October 1970, a after two years. Elders friend handed me a few old repeatedly told me that copies of Ambassador Col- I'm one of the most intellege publications which ligent young men they have included the Plain Truth. talked to in the Philip-Learning that the materials pines -- at least as much were being given out free as Bible IQ and knowledge

As months passed by I ceived a "better" answer I ond-best." My baptism

Then came a letter from answer that Christian call Manila informing me that a minister of Jesus Christ would be available for counselling with me at San Fernando, Pampanga.

suffice it to state here that with "divine intervention" I was able to avoid the unnecessary "de-Fortunately, Pigafetta lected Sources: Quezon Ci- it? to a false religion; To find the answer I instead I was virtually record Magellan's belief ing House, 1967, p.21). talked with members and drafted into the true

> tions in my city. I asked sonally wondering about is about their doctrines and why out of Cabanatuan's beliefs and tried to see one hundred and thirty

thousand people a young teen-ager was chosen to exemplify the right way of life in this age. Certainly there's a lot of people in this part of Nueva Ecija who should have qualified more for the job than

important activity the bend.

We know that Christianbilities -- including that charges filed by Mrs. Glo- - Daily Express, Dec. 5/74 For sure he has now of being a bright example to others. We've also got to preach the right way through our deeds.

Today, many people know at I'm affiliated with the Worldwide Church of God and that I've a part in the educational pro-

of my knowledge.

"But why me? And why now, not later?"!

TOVVEL left in patient's ABDOMEN

I did. PASAY CITY -- Two obste- ria Garcia Crudo in 1963 At my present age of tricians who left a towel who claimed that the eighteen I can only be in the patient's abdomen cident incapacitated grateful for having been after a caesarian opera- for 90 days. given the opportunity of tion were sentenced by the The CFI Judge based his yourself atop the wall.

ity involves big responsi- were included in the

taking part in the most Pasay City Court of First decision, among other For goodness' sake -- raise on Instance recently to a things, on the testimony earth today -- that of three-month jail term for of Dr. Roy Jurado, who The looming shadows are preparing the way for the serious physical injury alleged that he found a wonderful world tomorrow through reckless impru- draping towel inside Mrs. To haunt, yes, to dismay which is just right around dence. The two surgeons Crudo's abdomen when she ... were also ordered to was operated on. Another For the seeds had been pay the cost of suit ... witness, an attendant, cor-The Young Can Do Something by Pasay CFI Judge Fran- roborated Dr. Jurado's cisco de la Rosa. testimony. The towel bore of man's rebellion -- ah, Three other persons the marks "Luciano Clinic."

Pogfipy

... because time is running out

by Severo Caligan, Jr.

in- Blare the trumpets, make her it swift and sure; Man the ramparts, station

the clarion call!

fast approaching, all breathing things;

sown, the harvest's ready.

man's always that way.

reached the end of the

Bloodshed after bloodshed, what stinking scent! Is it all because of man's

propensity to sin? And now comes the lengthening shadow of night

Ominous, dark, portentous and full of fright.

origin,

Time is short, so let's

MANILA: A DYING METROPOLIS

lege. I've actually play- ropolis of 345.600 vehi- To insure continuity of things to come, of hate

son can be used of God so exhausts dirtying the Met- tive action. with greater determinalong as we allow Him to roplitan Manila atmos- The most toxic of ve- tion.

ber of the Church from Ca- tants are being released Pollutants - dust, car-But then ours is from the

When they see their call- air pollution menace ... In cancer. (DPI/R4) but all the more strive. ing, I know they won't say its initial move early this year, the group -Grace G. Baldisseri add lots of zeal and launched a multi- phased Bulletin Today, Mar. 10/75 drive.

grams of Ambassador Col - Greater Manila, a met- anti-pollution campaign. It's all an indication of

ed a role in initiating cles is slowly choking the campaign, the action Waged by man against man Mr. Colin Adair's lectures itself to death. group has enlisted the in a more alarming rate; in this part of the coun- The past two years saw support of the Public. Just when everything is try before college audi- a 17 percent increase in The public can cooperate adversity after adverences. I realize it now the number of registered by writing down the plate sity more than ever before that vehicles and this meant an number of smoke - belching Come now and let's forge age really doesn't matter additional 400 tons of vehicles and reporting together a solid unity, much as to whether a per- pollutants from transport them to the LTC for puni- Carry on our commission

make use of us. phere. hicle pollutants is carbon Always remember that we I wrote this article to Researchers from the monoxide, a colorless, od- all have a mighty misshare my story primarily National Pollution Control orless poisonous gas, that sion, with other teen-agers in Commission have charted a can cause dizziness, sim-so -- an extra effort here the Philippine churches 200-ton average increase ple fever, fatigue and a sacrifice there. who may find it encourag- in daily emissions since chronic lung disease. Yes, it's total commiting. As I mentioned ear- 1971. The NPCC said 3,000 Heavy doses of this gas ment with nothing to lier, I was the first mem- tons of atmospheric pollu- are lethal to humans. spare.

banatuan City. I'm still daily by vehicles. bon, fly ash, rubber, start not of man's the only one to the best The worsening situation cement and lead -- contrihas prompted the govern- bute to serious lung ail-All the while we're guided Most of the young peo- ment to form an action ments such as bronchitis, by God who always ple who'll read this are group to study ways of ef- asthma, emphysema and pos- reigns; of converted parents. fectively combatting the sibly, the dreaded lungLet's not slacken our pace

the SECOND PASSOVER

by Edmond D. Macaraeg

the Passover as manifested can DEPEND on God 100%.) by some very late yet very Passover is that semany never request at all. ond Passover for Also some, not having ob- who deserve it. served it for a valid reait -- not realizing that

cost Him the very life of 11).

son--but He was not about to COMPROMISE (unlike many (Apparently many do not of us) with the spiritual realize the full import- laws he set in motion. ance or significance of (That is one reason why we -

Days is the Passover. 6, there were those who people" (v. 20). Most people. (including were defiled (ceremonialsome members in God's ly) at that time and so Church!!) take this occa- were not able to observe sion very lightly and cas- it, in spite of their It has been clearly It is that IMPORTANT! when you realize that it shall keep it ... " (vs. 8-

in a most cruel, bloody, to be careless, seeing we first month. gory and brutal MURDER! have a second chance? God Examples could be an

be cut off from among his people: because he brought This year, the second not the offering of the Lord in his appointed season, that man shall bear his sins." Willful sinning is dangerous (Heb. 10: -26-31).

Another Bible Example

In II Chronicles chapcasual requests for Pass- rious and important to God ter 29, we read of King over wine. We wonder how that He allowed for a sec- Hezekiah restoring the those temple worship immediately upon his assumption as King of Judah. But since son, simply forget about A Direct Command From God the temple had been abandoned for several decades there is another opportu- We find the account of because his predecessors nity for them. The inform- the very first second did not choose to serve ation in this article Passover in the book of God, the priests and Leshould therefore be fully Numbers chapter 9. Start- vites had a lot of cleanunderstood by every member ing with verse 1 for back- ing and repairs to do. time. (That is why we of God's Church. -Editor) ground information, God in Even if they started right the very first month of at the early part of the In revealing His great the Israelites' second first month, they were not master plan to and for hu- year in the wilderness able to do all that had to manity, God purposely ins- started to remind them to be done before the Passtituted seven annual Holy "keep the passover at his over which was on the 14th. Days. He then commanded appointed season (time). In consultation with his its year by year observ- In the fourteenth day of counselors, King Hezekiah for a second ance so we are constantly this (the first) month, at decided to hold it on the reminded about it and its even ... " So, we read 14th day of the second full significance gradual- that they kept this (first) month..." We further read ly impressed in our minds. Passover as God commanded, that God honored them for The very first observ- (Num. 9:1-5). ance before the seven Holy But starting with verse to Hezekiah and healed the

Who May Observe It?

ually to the extent that wanting to. Moses brought shown that God commanded they carelessly pass over their case before God and us to observe the Passover it -- or not even care to God answered. "If any man at the appointed time pass over (observe) it. of you or of your posteri- (14th day of first (Read the March 1975 GN ·ty shall be unclean by month) for all who are article, "Don't Pass Over reason of a dead body, or qualified and are able. the Passover.") be in a journey afar off, Those who do otherwise But God looks at it yet he shall keep the will be "cut off from the with the GREATEST signifi- passover unto the Lord. people." The only qualicance and SERIOUSNESS. The fourteenth day of the fying reason for one to You can understand, why second month at even they take it on the second month is when an emergency arises which prevents one His only Son, Jesus Christ, Does this allow us then from observing it in the

Yet Christ did not deserve continues His answer in accident which incapacitat to die for He was sinless -- verse 13, "But the man ed you from observing it; doing only that which was that is clean and is not also, if you planned to good and right. The in a journey, and forbear- observe it at a certain Father in His total power eth (refrains from keeping, location and unavoidable and authority could have RSV) to keep the passover, circumstances occurred spared and exempted His even the same soul shall which prevented you from

reaching that place.

Passover will be on the eve of the 24th of April, that will be Thursday evening. Those who have legitimate reasons for failing to observe it the first time should counsel or write a minister first before observing the second one.

No Life in You

God considers the Passover of such tremendous importance that he seems to have to bend over back wards (so to speak) just to accommodate those who legitimately failed to keep it at the appointed bout Passover and Passover wine in the Jan, and Feb. issues of the Contact.) There is no other observance in all of God's Festivals where he allows chanced Christ said, unless we take of the symbols of his body and blood (which is represented by unleavened bread and wine) we have no life (eternal) in us. (John 6:53). We cannot afford to take lightly the body and blood of Christ. It could mean YOUR LIFE.

